



COMAL COUNTY

PUBLIC INFORMATION

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Extension Office events this spring at Westside Community Center

FOR IMMEDIATE RELEASE, FEBRUARY 14, 2016:

NEW BRAUNFELS — From gardening to cooking to rabbits and livestock, the Comal County office of the Texas A&M AgriLife Extension Service will be hosting several events at the Westside Community Center in New Braunfels this spring.

- On Thursday, Feb. 23, the Comal Master Gardeners will teach a class on **How to Prepare a Spring Garden** at 11 a.m. Then at 4:30 p.m., extension agents will teach how to **Build a Garden Bucket**. (Participants are asked to bring their own bucket.)
- Beginning March 7 and running 3:30-4:30 p.m. on the first and third Tuesdays of March, April and May, students from kindergarten through fifth grade are invited to come and **Explore 4-H**. Each week will feature discussion of a different aspect of 4-H, from rabbits and livestock to foods, clothing and gardening. A celebration for all attendees will be May 16.
- Finally, from 9-10:30 a.m. each Wednesday in March, the Extension Office will host **It's Time to Cook Healthy!** – a series of classes on nutritious food preparation. Subjects include Eating from the Garden, Adding Flavor without Salt, Smart Sweets and, for spring break on March 15, Cooking with Kids, where children are welcome. Recipes and samples will be provided at each class.

“Each year, our partnership with the City of New Braunfels and the Westside Community Center gets better and offers more opportunities for Comal County residents to enrich their lives,” said extension agent Connie Sheppard. “We hope folks will register for these great classes and find new ways to cook, garden and meet others.”

To register, visit the New Braunfels Public Library online registration at nbtexas.org/1511/Library-Calendar, or call the Westside Community Center at 830-221-4630.

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