



COMAL COUNTY

PUBLIC INFORMATION

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Public Health Office offers chickenpox, shingles vaccines

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NEW BRAUNFELS — The Comal County Public Health Office is reminding residents to make sure they and their families are vaccinated against chickenpox and shingles, a pair of diseases caused by the same virus.

Although children now are routinely vaccinated against chickenpox, adults age 60 or older likely haven't been, and are at risk of contracting shingles, a skin rash that can cause potentially severe pain and can last for months, even years.

“We’re reminding Comal County residents that they should be getting their kids and grandkids vaccinated against chickenpox and themselves or their parents vaccinated against shingles,” said Natalie Peal, supervisor of nursing services for the county’s Public Health Office. “People who have contracted chickenpox have a one-in-three chance of contracting shingles later in life.”

The Public Health Office can administer the vaccines for those who do not have a regular health care provider. It takes cash, CHIP, Medicaid, Medicare Traditional Part B and Blue Cross Blue Shield. Call 830-221-1150 for cost information and to set up an appointment.

The office also still has flu shots available, Peal said, adding that there is still time left in the traditional flu season for a shot to protect against contracting the virus.

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