

State of Texas *

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County of Comal *

Proclamation

Recognizing May 10, 2018 as

Children's Mental Health Awareness Day in Comal County

WHEREAS, in Texas alone, an average of 182 children are confirmed victims of child abuse each day, more than three children die from abuse or neglect every week, and more than seven children are maltreated every hour; and

WHEREAS, 10 percent of American children between 12 and 17 years old report being a victim of sexual assault, 18 percent report physical assault, and 24 percent report witnessing violence; and

WHEREAS, up to 15 percent of these children will develop post-traumatic stress disorder; and

WHEREAS, symptoms of PTSD can mimic those of depression, bipolar disorder and other serious mental illnesses; and

WHEREAS, many parents do not understand the causes and effects of PTSD on their children, and many in the community do not know how to avoid re-traumatizing children; and

WHEREAS, the Adverse Childhood Experiences Study shows that children who experience trauma in childhood are more likely to suffer as adults from such diseases as diabetes, cancer, heart disease, stroke and chronic obstructive pulmonary disease; and

WHEREAS, Hill Country MHDD is observing Children's Mental Health Awareness Day by holding Flight2Freedom events and will release butterflies to focus attention on help and hope after trauma; and

WHEREAS, Hill Country MHDD is committed to improving the system for our children with mental needs.

NOW, THEREFORE, BE IT RESOLVED that the Comal County Commissioners Court, duly convened and acting in its capacity as the governing body of Comal County, does hereby proclaim May 10, 2018, as Children's Mental Health Awareness Day in Comal County, expressing the county's support for the work of Hill Country MHDD, and joining with counties from across Texas in supporting Flight2Freedom: Help and Hope after Trauma.

PASSED AND APPROVED on this the 10th day of May, 2018.


Sherman Krause, County Judge


Donna Eccleston, Commissioner Pct. 1


Scott Haag, Commissioner Pct. 2


Kevin Webb, Commissioner Pct. 3


Jen Crownover, Commissioner Pct. 4

Attest:


Bobbie Koepp, County Clerk

