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**Subject:** Comal County press release: National health study interviews begin Saturday  
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**COMAL COUNTY, TEXAS  
PUBLIC INFORMATION OFFICE**

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**National health and nutrition study interviews begin Saturday**

**FOR IMMEDIATE RELEASE, MARCH 2, 2016:**

*NEW BRAUNFELS* — Survey takers from the National Health and Nutrition Examination Survey (NHANES) will be knocking on doors Comal County beginning Saturday, March 5.

The U.S. Centers for Disease Control and Prevention’s National Center for Health Statistics selects certain households in a handful of counties nationwide to complete a survey regarding their health and nutrition habits. The study helps researchers spot trends, crunch data and inform policy-makers regarding America’s health. Comal County is one of just 15 counties selected for the 2016 survey.

Among those interviewed in the coming weeks, a smaller sample will be asked to participate in free medical or dental exams. Those agreeing to do so will receive a cash reimbursement of up to \$140 and a copy of their exam results to share with their doctor, if they so choose.

The exams will take place in a mobile medical exam center, which was set up last weekend at 340 N. Seguin Ave.

“We’re excited that Comal County has been selected for this important annual study,” said Gwen Mills, Comal County public health director. “This is a great opportunity for our residents to help improve the health of themselves, their families and their country.”

All information shared with the interviewers, as well as the results of the medical and dental exams, is kept confidential.

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