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Office of Public Health celebrates Flu Awareness Day

FOR IMMEDIATE RELEASE, SEPTEMBER 26, 2017:

NEW BRAUNFELS — With Oct. 1, also known as Flu Awareness Day, considered the traditional beginning of flu season, the Comal County Office of Public Health is reminding residents to protect themselves and their families by getting vaccinated.

"The best way to avoid getting the flu is to be vaccinated," said Cheryl Fraser, Comal County director of public health. "The CDC recommends getting the vaccination as soon as it is available."

The Office of Public Health accepts Medicaid and Community First CHIP for children age 18 and younger, and Blue Cross Blue Shield for all ages. The cost of a shot for someone without insurance coverage is just \$35.

Residents can call 830-221-1150 to make an appointment, but walk-ins are welcome. The office is open from 8 a.m. to noon and 1-5 p.m. at 1297 Church Hill Drive, New Braunfels.

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