



COMAL COUNTY

PUBLIC INFORMATION

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DIY Saturday starts off 2020 with slow – and fast – cooking

FOR IMMEDIATE RELEASE, JANUARY 7, 2020:

NEW BRAUNFELS — The Comal County Extension Office kicks off 2020 with its first DIY Saturday class this weekend, focusing on how to cook slowly – and quickly.

Connie Sheppard, extension agent for family and community health, will provide tips and tricks for making healthy and hearty home-cooked meals in slow cookers and pressure cookers.

The class will be 9-11 a.m. Jan. 11 at the county's Extension Office, 325 Resource Drive, New Braunfels. The cost of the class is \$15 per student.

“Crock-Pots and Instant Pots add a ton of convenience to a busy schedule,” Sheppard said. “We’ll provide ways to make sure you can feed your families easy, delicious, nutritious meals on a budget.”

Attendees can register for the classes and get more information by calling 830-620-3440. The class requires a minimum size, so students are encouraged to call ahead to make sure it will still take place.

DIY Saturday is a monthly series of classes organized by the Comal County office of the Texas A&M AgriLife Extension Service and designed to provide homeowners, backyard gardeners, homemakers, educators and farmers do-it-yourself learning opportunities.

The 2020 DIY Saturday schedule is:

- Feb. 8: Quick breads
- March 14: Herbs 101
- April 18: Rainwater harvesting
- May 9: Grilling 101
- June 13: Canning
- July 11: Cooking well with diabetes
- Aug. 8: Explore 4-H
- Sept. 12: AgriFest
- Oct. 10: Fall Family Day

- Nov. 14: Everything but salt

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