



WHEREAS, the American Heart Association is the nation's oldest and largest voluntary agency to improve heart health;

WHEREAS, the American Heart Association encourages all people to take charge of their heart health by reducing risk factors for heart disease and stroke; and

WHEREAS, the American Heart Association encourages all people to take charge of their heart health by lowering their total cholesterol, HDL, triglyceride levels, blood pressure, blood sugar and body mass index; and

WHEREAS, by increasing awareness, spreading the word about heart disease, and encouraging each other to reduce our exposure to cardiovascular disease, thousands of lives can be saved each year;

NOW, THEREFORE, BE IT PROCLAIMED that the Council County Commissioners County, duly notified and acting in its capacity as the governing body of Council County, hereby recognizes February 28th as National Heart Month in Council County, emphasizes the importance of the ongoing fight against heart disease, and urges all residents to show their support for the fight against heart disease.

Scott Hogg
Council Member At-Large

Scott Hogg
Council Member At-Large

Jim Crowder
Commissioner Dist. 14

State of Texas *

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County of Comal *

Proclamation

Recognizing February 2019 as National Heart Month in Comal County

WHEREAS, cardiovascular disease kills 2,300 Americans each day, an average of 1 death every 38 seconds; and

WHEREAS, cardiovascular diseases are the No.1 killer of women in the United States, killing one woman almost every 80 seconds; and

WHEREAS, about 80 percent of cardiovascular diseases can be prevented by controlling risk factors for heart disease such as blood pressure, smoking and cholesterol; and

WHEREAS, all individuals are encouraged to commit to making physical activity and healthy eating a priority to improve heart health; and

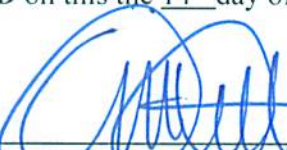
WHEREAS, the American Heart Association is the nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke; and

WHEREAS, the American Heart Association encourages all people to take charge of their heart health by knowing their total cholesterol, HDL (good) cholesterol, blood pressure, blood sugar and body mass index; and

WHEREAS, by increasing awareness, speaking out about heart disease, and empowering each other to reduce our respective risk for cardiovascular diseases, thousands of lives can be saved each year.

NOW, THEREFORE, BE IT PROCLAIMED that the Comal County Commissioners Court, duly convened and acting in its capacity as the governing body of Comal County, hereby recognizes February 2019 as National Heart Month in Comal County, emphasizes the importance of the ongoing fight against heart disease, and urges all residents to show their support for the fight against heart disease.

PASSED AND APPROVED on this the 14th day of February 2019.


Sherman Krause, County Judge


Donna Eccleston, Commissioner Pct. 1


Scott Haag, Commissioner Pct. 2


Kevin Webb, Commissioner Pct. 3


Jen Crownover, Commissioner Pct. 4

Attest: 
Bobbie Koepf, County Clerk

