

State of Texas \*

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County of Comal \*

# Proclamation

## National Suicide Prevention Month

**WHEREAS**, throughout the nation, September is recognized as National Suicide Prevention Awareness Month, a time to share messages of hope and healing and it is intended to help promote awareness of the suicide prevention resources available to us and our community; and

**WHEREAS**, suicide is a leading cause of death across our state and nation, and suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and

**WHEREAS**, it is a priority of Comal County to ensure people struggling with depression or suicidal thoughts, and those who are concerned about a loved one or someone they simply know, are aware of the support, services and resources to help; and

**WHEREAS**, Comal County is especially committed to addressing the needs of citizens who may be at a higher risk for suicide, especially our youth, our elderly, and our veterans; and

**WHEREAS**, major life changes are a risk factor for suicide, and the COVID-19 pandemic has exacerbated the challenges many people face, including increased social isolation, the loss of loved ones, unemployment and financial stress; and

**WHEREAS**, we all have an important role in preventing suicide and as individuals, we can share messages of hope and healing, and remember that talking about suicide with our loved ones does not increase their risk of harm; and

**WHEREAS**, by taking just a few minutes to connect through a simple phone call or message with a family member, a friend or neighbor can go a long way towards helping someone realize they matter and are loved; and

**WHEREAS**, businesses in Comal County are in a unique position to promote and encourage discussion and training on mental health and wellbeing in the workplace, and collaborate on meaningful solutions; and

**WHEREAS**, help and support are available 24/7, including the National Suicide Prevention Lifeline at 988, as well as our local crisis line, 877-466-0660, for people struggling with depression or suicidal thoughts, and for anyone who is concerned about a loved one or someone they know; and

**WHEREAS**, the importance of preventing suicide and overcoming mental health challenges, suicide attempts and loss, and substance misuse are significant and valuable to individuals, families, and our community at large; and

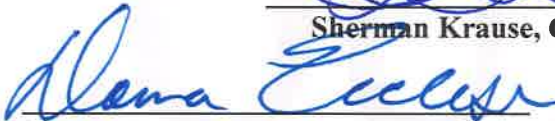
**WHEREAS**, Comal County honors our educators, health and mental health professionals, first responders, care providers, and family members for their dedication and endurance in each of their roles which are central to suicide prevention and postvention.

**NOW, THEREFORE, BE IT PROCLAIMED** that the Comal County Commissioners Court, duly convened and acting in its capacity as the governing body of Comal County, does hereby recognize September 2022 as Suicide Prevention Month in Comal County.

**PASSED AND APPROVED** this the 8th day of September, 2022.



Sherman Krause, County Judge



Donna Eccleston, Commissioner Pct. 1



Scott Haag, Commissioner Pct. 2



Kevin Webb, Commissioner Pct. 3



Jen Crownover, Commissioner Pct. 4

Attest:   
Bobbie Koepf, County Clerk